

## Researchers Target Lymphatic System as the Missing Link in Obesity, Cancer and other Diseases

**Nevada** – Dr. Paul Yanick was born with a systemic lymphatic disease that caused him to go deaf and lose kidney function in his late teens. During his childhood, his parents sought out every renowned specialist and were distraught and overwhelmed to find extremely limited information and treatments available for lymphatic disorders. Today, forty years later, despite being sent home to die at only twenty years old; Yanick tells his story and highlights his research in this neglected medical field in a new e-book entitled “The Forgotten River of Health.” He reviews his hundreds of research studies which started in 1976 in the Journal of the American Audiology Society with a clinical study that linked the swelling of lymph fluids to deafness and brain and nervous system abnormalities.

Yanick is not alone citing the medical neglect of the lymphatic system. The 2006 Senate Appropriations Committee Report stated *“The lymphatic system is central to the progression of disease and the maintenance of health, yet scientific and medical knowledge of this important system is woefully deficient. According to Michael Detmar, PhD this forgotten river of health provides a “... hot new field. We are in a pioneering phase; there is still so much to discover.”*

Just as the currents of a river run through the mountains and valleys to cleanse out the landscape, the body’s internal waterways made up of lymphatic fluids function as a “river of health,” cleansing the body by carrying away accumulated wastes and foreign invaders. This powerful cleansing aqueduct is actually twice as large as there are twice as many lymph vessels as there are blood vessels. The lymphatic system is the body’s first line of defense against disease. As the body’s internal cleansing waterway, it plays an indispensable role in immunity and in the body’s immune surveillance against cancer. When immune surveillance fails, cancer grows and spreads (metastasizes), and inflammatory diseases like fibromyalgia, lupus, arthritis, and shingles progress into incapacitating disorders.

The lymphatic system is the most forgotten and neglected system of the entire body. It is composed of a network of thin tubes that branch, like blood vessels. These lymphatic capillaries carry lymph fluid into tissues throughout the body. Lymph fluid is loaded with infection-fighting cells called lymphocytes that originate from clusters of bean-shaped organs called lymph nodes, which are found under the arms and in the groin, neck, chest, and abdomen. Lymphatic organs include the spleen, thymus, tonsils, and bone marrow.

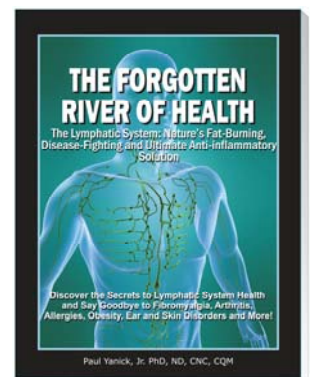
Designed to function as a cleansing aqueduct, bathing each cell and draining away detritus through the circulatory system, its malfunction causes brain fog, chemical sensitivity, depression, fatigue, headaches and often a feeling of heaviness in the abdomen. Stagnant lymph interferes with the body’s ability to cleanse viruses, bacteria, mutagenic cells, metabolic toxins and cancer, and it inhibits critical self-repair and self-healing mechanisms in the body, causing acne, skin rashes, cysts, tumors, fibrocystic breast lumps, fatty tumors, and in advanced cases spider veins and cellulite.

In 2005 **Nature** (436:28) an article entitled “Unlocking the Drains” stated, *“After centuries of playing second fiddle to the blood system, our lymphatic circulation is coming into its own as a key player in diseases ranging from cancer to asthma. Once dismissed as a mere drainage network, the body’s ‘second circulation’ [lymphatic system] is emerging as a crucial player in numerous diseases....and as a vital part of the normal immune system.”* Dr. Robert Smith, director of cancer screening for the American Cancer Society stated, *“Lymphatic diseases, including lymphedema are important health problems which until very recently received far too little attention.”*

Wendy Chaite, the Founder and President of the *Lymphatic Research Foundation* (LRF), states, *“It is the lymphatic system, after all, that is the body’s first defense against disease. A disorder of the lymphatic system affects virtually every other system in the body. Research into how the lymphatic system works promises preventive and therapeutic benefits for millions of people afflicted with a broad array of diseases. There is tremendous potential for health benefits hidden within the lymphatic system. The power to discover these benefits is in the hands of the researchers and in the will of the patient community and their loved ones.”*

Does your lymphatic system need attention? If you are overweight around the abdomen, have skin abnormalities, allergies, digestive disorders or have chronic fatigue, anxiety or nervous system issues, your lymphatic system is already moderately compromised. If you’ve been diagnosed with fibromyalgia, cancer, multiple sclerosis, multiple chemical sensitivity, Parkinson’s or Alzheimer’s disease, lupus, arthritis, asthma or have cellulite or varicose veins your lymphatic system is chronically compromised with no traditional medical cure available.

Don’t be fooled! Other than proper detoxification with cultured and fermented nourishment (Quantum Nutrition®) there is no way to cleanse the body of these toxins. If allowed to stay stored and not excreted in the lymphatic system, they will eventually end up causing cancer or so serious life-threatening disease.



**“The Forgotten River of Health” priced at \$79, is currently being offered at a huge discounted price of only \$19!**